



## APPENDIX 2 - Alternative provision to the CHYPS Plus Service

### CABINET PROCUREMENT & INSOURCING COMMITTEE UPDATE & BRIEFING REPORT

#### Decision to end the City and Hackney Young People's Clinical Health and Wellbeing (CHYPS Plus) Service

CPIC meeting date: 6 November 2023

CHYPS Plus Service Element	Name of alternative provision	High-level description of alternative provision
Sexual health	Homerton Sexual Health Services (HSHS)	Open-access specialist sexual health clinics are provided via the Homerton Sexual Health Services (HSHS). Specifically, young people under 19 can walk into the Clifden Centre without an appointment and be seen for a pregnancy test, contraception (including condoms and emergency hormonal contraception), sexual health advice and STI screening and treatment. In keeping with the nationally mandated open access requirement for sexual health services. (YP can also access other sexual health services across London)
	Sexual Health London	For those aged 16 years and over, home STI testing kits, routine oral contraception and Emergency Hormonal Contraception (EHC) can be accessed through the online Sexual Health London portal.

	Community pharmacies	Community pharmacies across City and Hackney are commissioned to deliver enhanced sexual health services, including Emergency Hormonal Contraception (EHC), free condoms to under-25s and chlamydia testing and treatment.
	Primary care	Sexual health services, including contraception advice, Long Acting Reversible Contraception (LARC), STI (with an emphasis on Chlamydia Screening for young people aged 15-24) and HIV testing services, can be accessed through the resident's GP Practice.
	Young Hackney Health and Wellbeing Service	Young Hackney is commissioned to provide sexual and reproductive health resources, training and signposting (through their Health and Wellbeing Service to schools, colleges and youth centres) as well as a free condom distribution service to young people.
Emotional health and wellbeing	Wellbeing and mental health in schools (WAMHS)	NHS funded and delivered by the CAMHS alliance, the WAMHS project aims to improve mental health and wellbeing support for children and young people in schools, colleges, specialist and alternative provision education settings in City & Hackney. WAMHS is delivered in 80% of Hackney schools and is on track to deliver for 100% delivery over the next two years, and supports whole-school approaches to mental health by providing workshops about mental health-related issues for children, young people, parents/carers, and school staff to help to reduce stigma, increase mental health awareness and promote emotional wellbeing

	Mental health support teams (MHSTs)	The service offers clinical, evidence-based support to young people and their parents/carers when young people are experiencing mild-moderate difficulties with their emotional wellbeing that might best be managed within a school setting. They deliver the interventions to groups of young people and to their parents/carers alone or with their children.
	First Steps	First Steps is an NHS psychology service for children and young people aged 0 – 18 and their families. The service aims to offer early help with any difficulties related to behaviour, emotions and relationships before they become more complicated to address.
	Young Hackney Health and Wellbeing Service	This service aims to deliver holistic young person-centred health and wellbeing education support. The service is focused on prevention, building young people’s knowledge, self-esteem and resilience while enabling them to manage their health and wellbeing either independently or with support. It provides a universal and targeted service, delivering advice and information, signposting, health promotion, awareness-raising and health education, including the facilitation of PSHE and RSE delivery in schools and youth settings. Another important feature of this service is a drop-in offer for CYP to obtain health information and advice.
	Off Centre	Off Centre is a confidential counselling, art therapy, advice and information service for young people aged 16-25 in City and Hackney. It provides one-to-one counselling, art therapy, and advice helping young people take greater control over their lives and offer support with all kinds of emotional and practical issues and is being delivered by Family

		Action.
	WellFamily Plus	The Hackney WellFamily Plus Service, provided by Family Action, helps individuals, couples and families to manage their mental health and prevent problems from getting worse. The service supports families facing complicated challenges, including domestic abuse, substance misuse and mental health issues. They offer advice and wellbeing services, conflict management and practical and emotional relationship support.
	Growing Minds	Growing Minds is a service that aims to improve African, Caribbean and mixed heritage children and young people's emotional health and wellbeing in City & Hackney, during the important transition years from primary to secondary school and adolescence to adulthood. It is one service delivered by three different voluntary sector organisations and provides culturally aware counselling, emotional and practical support for African, Caribbean and mixed heritage children, young people and their families.
Healthy Weight	Power Up	<p>Power Up is an interim tier 2 weight management service delivered by Homerton Healthcare NHS Foundation Trust and includes targeted provision for children and young people aged 5-19 or for up to 25 with Special Education Needs and Disabilities (SEND) and their families, who are above a healthy weight.</p> <p>Children and young people with high BMI are identified and referred to Power Up through the National Child Measurement Programme (NCMP) in reception and year 6</p>

Smoking cessation	There is a risk of a gap in the provision of Level 2 smoking cessation support (12 weeks of behavioural support and certain types of nicotine replacement therapies) for young people of approximately seven months between the CHYPS Plus contract expiry on 30 November 2023 and the new City and Hackney Stop Smoking Service which commences in July 2024. The new service specification has a minimum age of support of 12 years. To plug this gap, public health will enhance an existing service to ensure that there are professionals trained to offer Level 2 smoking cessation support to young people in Hackney and the City of London
Dedicated provision to the Youth Justice Service	A new approach to supporting the health needs of the Youth Justice cohort is currently being trialled and funded as an NHS pilot. A nurse (who previously worked for the CHYPS Plus service) has been embedded within youth justice provision to support the holistic health needs of this cohort. Outcomes are promising to date and findings will inform the design of a new youth justice health offer during 2023/24. Sustainable funding and contracting arrangements will then be agreed.